

MAGYAR GERONTOLÓGIA

15. ÉVFOLYAM KONFERENCIA KÜLÖNSZÁM

2023. 15. évf. Konferencia Különszám

On-line verzió: ISSN 2062-3690

[www.https://ojs.lib.unideb.hu/gerontologia](https://ojs.lib.unideb.hu/gerontologia)

Skills and abilities of elderlies

Katalin Papp^{1,2}

¹University of Debrecen Faculty of Health Sciences

²Chamber of Hungarian Health Care Professionals

Keywords: elderly, information technology, health, daily life activities

Introduction

The third millennium is the era of the big info-technological explosion. Older people have to make friends with the technology they were not born into. They need to learn new knowledge and skills for everyday use.

Purpose

To assess the knowledge and skills of people over 40 years old in several countries on the use of new info-technological tools. Also to find out if they use these to improve their health or to solve their health problems.

Method

We use self-developed online questionnaires. The results are processed using statistical methods. The results will be presented in the Conference presentation.

Discussion

The IADL, Instrumental Activity of Daily Leaving questionnaire can be used for this purpose. For this research, we took the basic principle of the questionnaire.

The author:

Katalin Papp PhD

lecturer,

University of Debrecen Faculty of Health Sciences, Hungary

secretary,

Chamber of Hungarian Health Care Professionals, Hungary